

Realize. It starts with you.

Saskatchewanians are known for active volunteerism. The same is true of University of Regina students. On February 22-25, 70 University of Regina students will volunteer at over 20 Regina community-based, non-profit organizations.

The students will participate in a program called Arts CARES (Community Action in Regina for Educational Service), facilitated through the Community Research Unit (CRU) in the Faculty of Arts.

The program enables undergraduate students to build relationships with community organizations, where they will participate in service-learning opportunities. It offers students the opportunity to connect classroom theory to real-life experience and develop critical thinking and leadership skills.

“As an instructor, I have a responsibility to help students apply and share their knowledge in the community. This is an empowering experience both for the student, but also for the University and for the community.” said Tina Beaudry-Mellor, political science and women’s studies instructor who will oversee three classes participating in Arts CARES.

“The relationship between the University, the students and the community is a partnership that sets the groundwork for each of us to re-think what’s important – it creates a conduit of knowledge which is mutually beneficial.”

Arts CARES launched in 2009 with 25 student participants. In two years, the program has nearly tripled in size. This can be attributed to the positive feedback received by students who participated in the first program. Elise Sammons, who is in the global leadership program and a fifth-year political science and history major, did just that.

“I wanted to become more involved with the community -- learn about issues faced by the community and innovative ways the University and community are working to address them.”

Sammons volunteered at the Regina Open Door Society. Today, she involved with Big Sisters and volunteers at Thompson Community School in the English as an additional language program. Her on campus volunteer list includes being a UR Ambassador and a Buddy Volunteer in the UR International Buddy Program.

“Volunteering has given me a sense of feeling more connected to the community. I feel more aware of community issues and social justice issues that affect people in our city every day.”

Throughout the four days, students help with the organization’s regular work. They provide services or conduct special projects in the mornings. The afternoons consist of interactive workshops where they can learn from each other, reflect, and explore how their experiences can be applied to other areas of their lives.

“Research indicates that students who engage with their community as young people continue to do so throughout their lives which is beneficial for us all. Not only do students have the chance to get relevant work experience but they also make lasting connections within the community and with other Arts CARES students.” said Beaudry-Mellor.

For more information about CRU and the program, visit: www.arts.uregina.ca/cru.



Elise Sammons, Tina Beaudry-Mellor

WHAT'S HAPPENING

Saturday, February 19

Slam Dunk of an Evening 2011

Cougars vs. Bisons basketball games and alumni, friends and families pre-game social.

Location: Centre for Kinesiology, Health and Sport

Times: 4:30 p.m. pre-game social (Gym 2)

6:15 p.m. women’s game

8:00 p.m. men’s game

Alumni, friends and families of all ages are invited to join in the pre-game activities in Gym 2. Shoot hoops, let the kids run around or just catch up with fellow alumni at this annual celebration of Cougars athletics. Coaches Taylor and Hillis will be on hand to give an inside look at the men’s and women’s basketball teams.

Reggie the mascot, Dinobouncers and supervised games will entertain your kids while you take a break! New this year, the University of Regina Racing Team Baha Dune Buggy will be on display.

Cost: \$5/person; \$10/family -- includes basketball game tickets, food and refreshments.

Reception to follow.

Pre-register: www.uregina.ca/alumni/e-ae-slamdunk.htm

Parking is available in any “M” area or metered area, including Lot 4 and 14 outside the Centre for Kinesiology, Health and Sport.

For further information, contact Diane Mullan at (306) 585-5158.

Photos by University of Regina Photography Department

CENTENNIAL SPOTLIGHT



Regina College women’s residence lounge in 1950.

Photo courtesy of University of Regina Archives and Special Collections.

Realize. Making students’ dreams come true.



It’s our centennial and we’re in the mood to celebrate.

To commemorate 100 years of Excellence in Education, the University of Regina announces the 2011 Matching Gift Program to support students through scholarships and awards. Now, until December 31, 2011, eligible award and scholarship donations will be matched by the University of Regina—dollar for dollar, up to \$10,000.

Scholarships and awards help support students in their pursuit of a successful academic experience. They also help students facing financial challenges.

Eligible donors can designate their gift to any faculty or create a named award.

To find out more, visit our website at www.uregina.ca/campaign. Or, call us at 306-585-4024, or toll-free at 1-877-779-4723.

University
of Regina

WWW.UREGINA.CA