

# ISSO/ASC E-Newsletter

*Welcome...from Ann Curry, PhD, Head of ISSO/ASC*

*Happy New Year, everyone!...and this is only the first of many...did you know that we can join other cultures in celebrating their New Year every month up to, and including, September??? The next one coming up is Lunar New Year, and Lunar New Year's Day is January 26.*

*We had a great international orientation for newly arrived international students on Monday, January 5. We used the Lab Annex for the first time, and it proved to be a most useful spot for meeting and greeting. We found that passers-by were interested in what was going on, so it served us as a showcase, too. Hopefully, we can make this our traditional orientation home!*

*ISSO staff would like to thank our colleagues, student assistants, student associations, and volunteers for their help and participation, and Aramark for its international array of munchies! A special thank you goes to President Vianne Timmons who brought greetings to the new students on behalf of the University community as well as vouchers for a free treat. Our students were impressed by the display of hospitality, so we will try our best to extend the goodwill throughout their stay at the University of Regina. We look forward to your support!*

*Until next time...*

## EXCHANGE NEWS!

From the Queen City to Queen's, New York

Carli Brundige is a 3<sup>rd</sup> year Business Administration student. She has been accepted into the National Student Exchange (NSE) program and is off to New York. Carli will be studying at Queen's College, City University of New York, for one semester. The Campus is only 20 minutes away from the limitless cultural and recreational events of Manhattan! Queens, which is in the eastern-most corner of NY, claims to be the most ethnically diverse county in the nation! Carli is going to have the time of her life!

Carli loves dancing, and for that reason, she is so attracted to NY. She had been there once before and "fell in love with the place". She performs and teaches tap, jazz, hip hop and ballet. Carli is really excited to meet great dancers, choreographers and teachers, and hopes to bring new styles back home. NY is *the* place as far as dance goes, and she wants to be a part of it.

Carli is not only going for dance. Her major is marketing, and she will be focusing on her major classes while she is there. "I want to do research and learn marketing techniques from those in the dance business, and one day own a dance studio here in Regina." Carli plans on making important connections while she is there and maintaining them throughout her career endeavours. It's nice to know that Carli will be bringing her newly-learned expertise back to our city.

Carli ends our interview by saying that "Exchange programs are a great opportunity for students to grow academically as well as in other aspects of their lives". She advises all future outbound exchange students to "be organized and stay on top of it" while making pre-departure plans.

All the best to you, Carli!

For more information about the NSE Program check out their website!

[www.nse.org](http://www.nse.org)

Melissa Chapman

Program Coordinator



## Aboriginal Student Centre (ASC) Update

The ASC would like to invite members of the University community to come down and meet our Elder, Sylvia Obey. Sylvia has been on staff since October 1st, 2008, and she has been an excellent resource for many of our students. You can find Sylvia at the Aboriginal Student Centre on Wednesdays and Fridays. As well, Sylvia will be hosting and facilitating our Talking Circles and teaching a wide variety of cultural crafts held bi-weekly throughout the winter semester. Both of the sessions are open to everyone so, if you are interested in participating, feel free to stop in on the following dates:

Wednesday January 21, 2009, 1:30 p.m.-2:30 p.m. - Talking Circle (CW117)

Friday January 23, 2009, 10:30 a.m.-2:30 p.m. - Cultural Crafts, Intro to Beading (CW117)

As well we would like to correct the dates for the ASC's Rediscovering the Path initiative, which were posted in the last edition of the e-newsletter. The dates are as follows:

January 15, 2009 (CW117)  
February 12, 2009 (CW117)  
March 12, 2009 (CW117)  
April 2, 2009 (CW117)

Lastly, we would like to welcome our new Program Coordinator, Tannen Acoose, to the Centre.

The Staff at the ASC would like to wish you all the best for the winter semester!



ekosi, take care.

Sabrina Sparvier, Manager  
Aboriginal Student Centre

## International Buddy Program

The International Buddy Program (IBP) is a new initiative from the International Student Success Office to support transition and adjustment of international students to their U of R studies and Canadian culture.

The IBP program will pair international students with continuing U of R students to share knowledge and experience about the U of R and Regina; to learn about each other's cultures; and to build friendship...

Please visit ISSO website for more information. <http://www.uregina.ca/isso/Events/BuddyProgram.htm>



## ISSO Upcoming Events (January 15<sup>th</sup> – February 14<sup>th</sup>)

### **ChitChat & Chew – Student Conversation group (open to all university students and staff)**

When: 3:00 – 4:30, Jan. 16<sup>th</sup> & 30<sup>th</sup>

Where: CW113

### **Writing in Humanities**

When: 3:30 – 4:30, Jan. 19<sup>th</sup> – Interact with readers in the process of writing

3:30 – 4:30, Jan. 26<sup>th</sup> – How different are essay forms between subject areas?

3:30 – 4:30, Feb. 2<sup>nd</sup> – What resources are available for my writing assignments?

Where: RC 285

### **Cross-Cultural Communication Seminars – (open to international and interested Canadian students)**

When: 3:30 – 4:30, Jan. 27<sup>th</sup> – Class Presentation!

3:30 – 4:30, Jan. 28<sup>th</sup> – Team Work!

3:30 – 4:30, Feb. 9<sup>th</sup> – Succeed in Canadian Workplaces

Where: RC 285

### **Academic Success – UR Policies I Need to Know**

When: 3:30 – 4:30, Jan. 20<sup>th</sup>

Where: RC 285

### **URSU Health & Dental Plan Info. Session**

When: 3:30 – 4:30, Jan. 21<sup>st</sup>

Where: RC 285

### **Movie Night**

When: Jan. 28<sup>th</sup>

Where: ED191

### **Monthly Immigration Information Session (Study Permit, Work Permit, Entrance Visa)**

When: 3:30 – 4:30, Jan. 30<sup>th</sup>

Where: CW116

## CAREER DEVELOPMENT SEMINARS FOR INTERNATIONAL STUDENTS

3:00-4:30pm, Tuesday, Feb. 3<sup>rd</sup> @ RC252

Job Searching How Tos -Learn how to use different resources and strategies for finding jobs of interest.

3:00-4:30pm, Wednesday, Feb. 4<sup>th</sup> @ RC285

Introduction to Resume Writing -Learn how to write customized, skill-based resumes that result in interviews.

3:00-4:30pm, Tuesday, Feb. 10<sup>th</sup> @ RC285

Resume Review - Get feedback on improving and customizing your resume.

3:00-4:30pm, Tuesday, Feb. 24<sup>th</sup> @ RC285

Introduction to Interviewing in Canada-Learn strategies and skills for reducing anxiety and answering questions well.

3:00-4:30pm, Wednesday, Feb. 25<sup>th</sup> @ RC285

Interview Practice-Strengthen your interviewing skills through practice.

\*\*\*Please note: Event Dates & Locations may change. Please check ISSO website for updated schedules.

Li Liu, Manager