



The actions of five students from the Faculty of Kinesiology and Health Studies at the University of Regina made a difference in the lives of people with disabilities who play wheelchair basketball.

The five were part of the KHS 497 Senior Seminar in an Adapted Physical Activity course last fall. As part of the course, the students participated in a project called "Making a Difference" in which they were assigned to make a difference in the lives of others.

"The course provides the students with the opportunity to learn about disability and to be able to place it in context with regard to recreation, sport and physical activity. Further, it enables the University of Regina, and specifically our students, to become engaged with the broader community, in which we all live, work and play," says Douglas Cripps, instructor in the Faculty of Kinesiology and Health Studies. Cripps has been teaching this course for 5 years. "I do believe this course and projects such as this, have a lasting impact on students. The students can look back on the class and the project at some point in the future and know they made a recognizable impact in the lives of a group of athletes and more importantly fellow citizens."

Sonya Soveran, a 4th year Adapted Physical Activity student, was part of the five-student group who helped developed a fundraising project with the purpose of raising enough money to purchase an entry-level sport wheelchair for the Paratroopers Wheelchair Basketball Club in Regina. "We raised nearly \$2,500 through a steak night, silent auction and hosting a 10-team wheelchair tournament," says Soveran.

The students were able to present the cheque to the Paratroopers at the Wascana Rehabilitation Centre during a Paratrooper's game. "I truly feel that our group made a difference. Getting to know the Paratrooper team and creating the connections and friendships will last a lifetime," says Soveran.

The new wheelchair will display wording on the back that reads "Making a Difference, One Chair at a Time".



"Creating awareness of the needs will benefit athletes with disabilities and provide them with opportunities."

- Sonya Soveran

## CALENDAR

**Thursday, March 26 7:30 p.m.**

### Stapleford Lecture

Title: "Implementing Self-Determination: A Leader's Vision"

Speaker: Perry Bellegarde

Location: Room 110, Classroom Building

Info: 585-4226

**Friday, March 27 10 a.m.**

### Faculty of Arts Lecture

Title: "It's Time for Canada"

Speaker: Honorable Ken Dryden, Member of Parliament

Location: Room 619, Education Building

Info: 585-4226

**Friday, March 27 3:30 p.m.**

### University of Regina Queer Initiative In and Out Speaker's Series

Title: "Race, Space and the Two Spirit Place"

Speakers: Krista Baliko and James McNinch

Location: Room 228, Education Building

Info: 585-5571

**Friday, March 27 3:30 p.m.**

### Departments of Philosophy and Classics, Religious Studies and Political Science Seminar

Title: "Apocalyptic Discourse in the White House: FDR to Obama"

Speaker: Ira Chernus

Location: Room 119, Research and Innovation Centre

Info: 585-4332

**Tuesday, March 31 7:30 p.m.**

### Inaugural Forward Together Lecture

Title: "Documentary Photography and Human Rights"

Speaker: Carlos Reyes-Manzo

Location: Education Auditorium

Info: 585-4086

**April 2-4 7:30 p.m.**

Theatre Department Play

Title: "Come Back to the 5 & Dime"

Playwright: Ed Graczyk

Director: Kelly Handerek

Location: Shu-Box Theatre, Riddell Centre

Free admission

Info: 585-5571

**Friday, April 3 3:30 p.m.**

### English Department OMAD Lecture

Title: "Spenser and the Politics of Petrarchism"

Speaker: Cynthia Nazarian

Location: Room 348, Administration-Humanities Building

Info: 585-4691 or 585-4790

**Thursday, April 30**

### University of Regina Alumni Crowning Achievement Awards

Description: Do you know a University of Regina alumnus deserving of distinction? Why not consider nominating a colleague, friend or family member for a 2009 University of Regina Alumni Crowning Achievement Award. For more information and a complete listing of criteria visit the website at <http://www.uregina.ca/alumni/aa-aca.htm>.

Nomination deadline: April 30, 2009

Info: 585-4838 or 1-877-779-4723 or [uralumni@uregina.ca](mailto:uralumni@uregina.ca)

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