COLOURING HELPS TO RELIEVE STRESS
AT EXAM TIME

"April is traditionally a stressful at university, with final exams underway.

One of the ways the University of Regina is helping to relieve stress is by setting up a place to colour in the Archer Library – complete with coloured pencils and pages of artwork.

“The Library wanted to provide some de-stressing activities to help students take a break during high stress periods,” she says. Gillian is part of a group in the library – along with Jennifer Hall, Michael Shires, Daria Snow, Corina van den Berg and Susan Wilkinson - that come up with ideas to help reduce stress.

Ana Lucía Herrasti, who is finishing up her first year in Religious Studies, says “I love colouring – but it’s been awhile since I’ve coloured. I just focus on what I’m doing – and which colour am I going to use here – and not thinking about finals,”

Herrasti is colouring with Andrea Barrientos, a fourth-year Business Administration student, who says “I had never used colouring for stress relief, and now that I’m doing it, I’m really enjoying it. I’m just thinking about what I’m doing here – not what I’m doing next. I’m focusing on the present, and that’s really helpful.”

"I really enjoyed this, and it’s so much fun to be colouring after so many years - and I’m relieving my stress,” Says Aurpa Nath, who is working on her masters in Human Resources.

The colouring pages were designed by Jingyu Zhang, an art student at the U of R.”

By Dale Johnson

Students (l-r) Ana Lucia Herrasti, first year Religious Studies, Aurpa Nath, masters in Human Resources and Andrea Barrientos, fourth year of Business Administration. Photo - U of R Photography.
The recipient of the Dr. John Archer Library Award for 2016 is Carrie Kotylak. Ms. Kotylak is a first year student but pre-qualifies for being in her third year due to course work at another institution. She is in the Business Administration Program and is majoring in International Studies. Carrie won $1,000 for writing the best one page reflective essay about how she utilized the University Library’s resources and services to complete her research project for ECON 341 Canada and the Global Economy. The graded assignment was titled Saskatchewan’s Cow-Calf Production Sector The Historical Development Resulting in Current Labour Shortages and Lack of Labour Mobility.

A private ceremony took place in the University Library. Photos of the ceremony, copy of Ms. Kotylak’s reflective Library essay and her graded ECON 341 assignment are in OURspace. Announcement details are on the Library homepage.

3D PRINTING OPEN AT THE LIBRARY

3D printing in the Archer Library is now open to custom designs. If you would like to submit a file for printing, you can visit the 3D printing form and fill in the required fields. 3D objects can be designed using software such as Google SketchUp or Solid Edge. There are also many open repositories that have a large assortment of 3D objects you can print. Repositories include Thingiverse and Shapeways.com.

3D.Library@uregina.ca

UR COPYRIGHT SERVICES

The University of Regina’s blanket reprography licence with Access Copyright will expire on August 31, 2016, and the university will not be renewing it beyond that date. This has implications for faculty, as certain copying activities that were being done under this licence will now need to be cleared directly with the copyright owner or other alternatives found. As a result, a new UR Copyright Service is being developed to assist faculty in mitigating copyright related risks. The focus of this service will be on supporting the use of UR Courses to distribute learning materials to students. The library has acquired specialized software to manage the workflow of the service and faculty will see a new module in URCourses for the fall semester that will facilitate the submission of materials for review by copyright staff and the submission of permissions requests as necessary. Faculty will gain the assurance that their copying activities are within university guidelines, have received required permission, or are otherwise copyright compliant. Watch for upcoming information sessions that will provide further details.
The Consortium of Academic and Special Libraries of Saskatchewan (CASLS) has been formed by the University of Regina Library, Saskatchewan Polytechnic Library, Gabriel Dumont Institute Library, Saskatchewan Legislative Library, Regina Qu’Appelle Health Region Library, Law Society of Saskatchewan Library, and RCMP Learning Resource Centre. The purpose of CASLS is to support inter-institutional collaboration on innovative solutions for library users. CASLS’s member libraries deliver library services to a wide range of user groups across Saskatchewan including students, faculty, researchers, physicians, administrators, professionals, and legislators. Library researchers CASLS’s first priority has been the selection of a next generation library system, a cloud-based software services platform for managing and searching library collections. CASLS’s members will be implementing Alma and Primo by Ex Libris over the next year.

Colleen Murphy, Acting University Librarian, University of Regina
Kim Kovacs, Librarian, Gabriel Dumont Institute Library
Susan Baer, Director of Libraries and Archives, Regina Qu’Appelle Health Region Library
Melanie Hodges Neufeld, Director of Legal Resources, Law Society of Saskatchewan Library
Melissa Bennett, Legislative Librarian, Saskatchewan Legislative Library
Amy Rankin, Manager, RCMP Learning Resource Centre Library
Rian Misfeldt, Director, Library & Testing Services, Saskatchewan Polytechnic Library
Carol MacDonald, Head Systems Development & Implementation, University of Regina

CASLS will deliver a presentation on the new partnership and the next generation library system initiative at the Saskatchewan Libraries Conference in Saskatoon on Friday, May 6, 2016.
The Saskatchewan Library Association held the Saskatchewan Libraries Conference 2016 in Saskatoon, May 5-7. The conference, which was held in the Radisson Hotel Saskatoon, welcomed librarians and information professionals from across the prairie provinces, including a number of attendees and presenters from the University of Regina Library. The conference was widely hailed as a success by those who attended, garnering kudos for the venue, as well as positive responses to many individual sessions, presentations, and talks.

University of Regina Library attendees shared their reactions:

Mary Chipanshi, Liaison Librarian:
“[Keynote speaker Joseph Boyden and Marry Donaldson Lecturer Lindsay Knight] brought a perspective of presenting to a whole new level by including music, family, history, storytelling, laughter, etc. and how this connects to our role as librarians.
“The presenter [of ‘Puppet Shows for Young Audiences] was on my table and I was intrigued not only by her name (Tekeyla Friday) but how passionate she was about puppets and puppetry. Her steps to great a puppet show for young children paralleled to teaching information literacy and evidence informed practice! Maybe (just a thought) puppets can be used to teach in university classrooms and also used for distressing students during exams!
“[In the 'Indigenizing Libraries' presentation] I had no concept of steps that can be taken to indigenizing libraries. The presentation brought me to a better understanding.”

Robert Thomas, Liaison Librarian:
“I attended the pre-conference session by Wendy Newman (formerly Senior Fellow at the University of Toronto and past CLA President) on Advocacy: "Train the Trainer" held at Saskatchewan Polytechnic. It was very practical talk that looked at the methods and strategies of advocating for the library to stakeholders, university administrators and politicians. One particularly valuable section dealt with ways in which we can show how the library aligns with the values and needs of funders. More information can be found on Wendy's archived MOOC course: https://www.edx.org/course/library-advocacy-unshushed-university-torontox-lalal1x”

Sara Roberts, Library User Services Assistant
“As a first-time SLA conference attendee and presenter I really appreciated the friendly and relaxed environment. It was a great way to network and a great introduction into the broader library profession in Saskatchewan.”

Brad Doerksen, Associate Copyright Officer:
“The venue was great, the program was great, the food was great; but most importantly the people were great. As I expected, it was a great opportunity to re-connect with old colleagues and meet new ones too.

Used with permission. Unshelved written by Gene Ambaum & Bill Barnes. www.unshelved.com